

Sankofa Impact Resource List

Sankofa Impact makes an effort to link to Black-owned companies throughout our resource list in the hopes that you will support them. This resource list is ordered by topic. **Last updated August 2023.**

Medicine

Articles

- CDC. [What Are Social Determinants of Health?](#) Centers for Disease Control and Prevention, 2021.
- Emerald Staff. [King County Officially Declares Racism a Public Health Crisis.](#) South Seattle Emerald, June 2020.

Books

- Roberts, Dorothy. [Killing the Black Body: Race, Reproduction and the Meaning of Liberty.](#) Vintage, 1998.

Pacific Northwest

Articles

- De Luna, Ruby. [How Seattle's Gang of Four Changed the Activism Playbook.](#) KUOW Archive, November 2017.

Documentary

- Swart, Cornelius. [Priced Out.](#) Collective Eye Films, 2016.

Clips

- Children of the Setting Sun. [Ferndale Schools.](#) Youtube, 2020.

Picture

- [Lynching in Coos County \(historical marker\)](#)

Food

- [Communion](#), Seattle, WA
- [Southern Kitchen](#), Tacoma, WA

Music

Music

- Beyoncé. [Lemonade.](#) Parkwood Entertainment, 2016.
- Lil Nas X. [Montero.](#) Sony Music Entertainment, 2021.
- Sankofa Impact's [Spotify](#)

Podcast Episode

- Jones, Nikole Hannah. [1619.](#) Episode 2. New York Times, 2019.

Documentaries

- Garbas, Liz. [What Happened. Miss Simone?](#) RadicalMedia, 2015.
- Guttentag, Bill and Sturman, Dan. [Soundtrack for a Revolution.](#) Freedom Song Productions, 2009.

The Conversation

Books

- Kendi, Ibram X. [How To Be An Antiracist.](#) One Word, 2019.
- Oluo, Ijeoma. [So You Want To Talk About Race.](#) Seal Press, 2018.

- Sue, Derald Wing. [Race Talk and the Conspiracy of Silence](#). Wiley, 2016.

Articles

- Smithsonian. [Talking About Race: Being Antiracist](#). National Museum of African American History and Culture (NMAAHC).

Podcasts

- Holmes, Anna, et.al. [Our National Conversations About Conversations About Race](#). Panoply, 2015.

Organizations

- [Courageous Conversations](#)
- [Sankofa Impact: Virtual Pilgrimages](#)

Criminal Legal System

Books

- Alexander, Michelle. [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#). The New Press, 2010.
- Stevenson, Bryan. [Just Mercy: A Story of Justice and Redemption](#). One World, 2015.
- Wright, Richard. [The Ethics of Living Jim Crow](#). 1937.

Movies

- Bristol, Stefon. [See You Yesterday](#). 40 Acres and a Mule Filmworks, 2019.
- Coogler, Ryan. [Fruitvale Station](#). Lions Gate, 2018.
- Duvernay, Ava. [13th](#). Kandoo Films, 2016.

Documentary

- Kunhardt, Peter. [True Justice: Bryan Stevenson's Fight for Equality](#). Warner, 2019

TV Shows

- DuVernay, Ava. [When They See Us](#). Season 1, "All Episodes." Aired 2019 on Netflix.

Clips

- Stevenson, Bryan. [We Need to Talk About an Injustice](#). TED Talk, 2012.

Resistance

Movies

- Parker, Nate. [The Birth of a Nation](#). Bron Studios, 2016.

Documentaries

- Gray, Susan and Cram, Bestor. [Birth of a Movement](#). Northern Light Productions, 2017.
- Nelson, Stanley. [The Black Panthers: Vanguard of the Revolution](#). Firelight Media, 2016.
- Olsen, Göran. [The Black Power Mixtape 1967-1975](#). MPI Home Video, 2011.

TV Shows

- Hampton, Henry. [Eyes on the Prize](#). Seasons 1-2, "All Episodes." Aired 1987 on PBS.
- Hawke, Ethan. [The Good Lord Bird](#). Season 1, "All Episodes." Aired 2020 on SHOWTIME.

Athletes & Activism

TV Shows

- Chopra, Gotham. [Shut Up and Dribble](#). Season 1, "All Episodes." Aired 2018 on SHOWTIME.

People

- [Colin Kaepernick](#)

- [Muhammad Ali](#)

Organizations

- [Women's National Basketball Association](#)

Finance & Wealth

Books

- McGhee, Heather. [The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together](#). One World, 2022.
- Smith, Clint. [How The World Is Passed: A Reckoning with the History of Slavery Across America](#). Little Brown and Company, 2021

Articles

- Kottas, Yuliya Parshina, et.al. [What the Tulsa Race Massacre Destroyed](#). New York Times, May 2021.

Documentaries

- Kunhardt, Peter. [King in the Wilderness](#). Kunhardt Films, 2018.

Clips

- McGhee, Heather. [Racism has a cost for everyone](#). TED Talk, 2019.
- Vox Explained. [Racial Wealth Gap](#). Netflix, 2020.

Podcasts

- Jones, Nikole Hannah. [1619](#). Episode 2, "The Economy That Slavery Built." New York Times, 2019.

Whiteness

Books

- Anderson, Carol. [White Rage: The Unspoken Truth of Our Racial Divide](#). Bloomsbury USA, 2016.
- DiAngelo, Robin. [White Fragility: Why It's So Hard for White People to Talk About Racism](#). Beacon Press, 2018.

Articles

- McIntosh, Peggy. [White Privilege: Unpacking the Invisible Knapsack](#). Peace and Freedom, 1989.

Clips

- DiAngelo, Dr. Robin. [Dr. Robin DiAngelo Discusses 'White Fragility'](#). Youtube, 2018.
- McIntosh, Peggy. [How Studying Privilege Systems Can Strengthen Compassion](#). TEDxTimberland Schools, 2012.

Podcasts

- Biewen, John. [Seeing White](#). Scene on Radio, 2017.

Reparations & Restoration

Books

- Davis, Fania E. [The Little Book of Race and Restorative Justice](#). Good Books, 2019.

Articles

- Coates. Ta-Nehisi. [The Case for Reparations](#). The Atlantic, 2014.

Black Excellence

Books

- Du Bois, W.E.B. [*The Souls of Black Folk*](#). Chump Change, 1903.
- X, Malcolm and Haley, Alex. [*The Autobiography of Malcolm X*](#). Ballantine Books, 1987.

Movies

- Coogler, Ryan. [*Black Panther*](#). Marvel Studios, 2018.

Podcasts

- Morris, Wesley, and Wortham, Jenna. [*Still Processing*](#). New York Times, 2016.

Politics

Articles

- Barkley Brown, Elsa. [*Negotiating and Transforming the Public Sphere: African American Political Life in the Transition from Slavery to Freedom*](#). University of Chicago, 1994.
- Newkirk II, Vann R. [*How Shelby County v. Holder Broke America*](#). The Atlantic, July 2018.

Education

Documentaries

- Lowman, Sonia. [*Teach Us All*](#). Lowell Milken Center for Unsung Heroes, 2017.

Podcasts

- Joffe-Walt, Channa. [*Nice White Parents*](#). New York Times, 2020.

Entertainment & Media

Movies

- Lee, Spike. [*Do The Right Thing*](#). Universal Studios, 1989.

Black Feminism

Books

- Collins, Patrician Hill. [*Black Feminist Thought*](#). Routledge, 2008.
- Lorde, Audre. [*Sister Outsider*](#). Crossing Press, 2007.
- Truth, Sojourner. [*Ain't I a Woman?*](#) Penguin Books, 2021.

Clips

- Lafayette College. [*Kimberlé Crenshaw Discusses Intersectional Feminism*](#). Youtube, 2015.
- National LGBTQ Task Force. [*Black Feminism and the Movement for Black Lives: Barbara Smith, Reina Gosset, Charlene Carruthers*](#). Youtube, 2016.

Pilgrimage to the South

Books

- Halberstam, David. [*The Children*](#). Ballantine Books, 1999.
- LaFayette, Bernard. [*In Peace And Freedom: My Journey in Selma*](#). University Press of Kentucky, 2016.
- McKinstry, Carolyn. [*While The World Watched: A Birmingham Bombing Survivor Comes of Age During the Civil Rights Movement*](#). Tyndale House Publishers, 2013.
- Zelner, Bob. [*The Wrong Side of Murder Creek: A White Southerner in the Freedom Movement*](#). NewSouth Books, 2019.

Movies

- Duvernay, Ava. [*Selma*](#). Harpo Films, 2014.

- Nelson, Stanley. [Freedom Riders](#). Firelight Media, 2010
- Nelson, Stanley. [Freedom Summer](#). Firelight Media, 2014.

Documentaries

- Hudson, Robert. [Mighty Times: The Children's March](#). Southern Poverty Law Center, 2004.

Podcasts

- Grace, Andrew Beck, et.al. [White Lies](#). NPR, 2019.

Speeches

- King Jr., Dr. Martin Luther. [Address at the Conclusion of the Selma To Montgomery March 1965](#). Montgomery, AL, 1965.

Short Reads

- King Jr., Dr. Martin Luther. [Letter From Birmingham Jail](#). Birmingham, AL, 1963.

Black American Freedom Struggle

TV Shows

- Gates Jr., Henry Louis. [The African Americans: Many Rivers to Cross](#). Season 1, "All Episodes." Aired 2013 on PBS.
- Gates Jr., Henry Louis. [Black America Since MLK: Still I Rise](#). Season 1, "All Episodes." Aired 2016 on PBS.

Clips

- Equal Justice Initiative. [Slavery to Mass Incarceration](#). YouTube, 2015.

Classes

- Clint Smith. [Crash Course: Black American History](#).
- Master Class: [Black History, Freedom, and Love](#).

Children

Books

- Kendi, Ibram X. [Antiracist Baby](#). Kokila, 2020.
- Lane, Sharayah. [ABC's of Grateful](#). Independently Published, 2022.

Articles

- Martin, Michel. [How White Parents Can Talk To Their Kids About Race](#). NPR, June 2020.
- Smith-Kang, Sonia. [31 Children's Books to Support Conversations on Race, Racism, and Resistance](#). Culturas, 2019.

Podcasts

- Brandt, Cindy Wong. [Parenting Forward: Five Pandemic Parenting Lessons with Cindy Wong Brandt](#). Parenting Forward, 2020.

Organizations

- [The Conscious Kid](#)

Black Love

Movies

- Jenkins, Barry. [If Beale Street Could Talk](#). Annapurna Pictures, 2018.

TV Shows

- Ray, Issa. [Insecure](#). Seasons 1-5, "All Episodes." Aired 2016 on HBO.

Organizations to Follow

Websites

- [Audre Lord Project](#)
- [Color of Change](#)
- [Equal Justice Initiative \(EJI\)](#)
- [The Movement for Black Lives \(M4BL\)](#)
- [NAACP](#)
- [National Domestic Workers Alliance](#)
- [Showing Up for Racial Justice \(SURJ\)](#)

Global Perspectives

Books

- do Nascimento, Abdias. [Brazil, Mixture or Massacre? Essays in the Genocide of a Black People](#). Majority Pr, 1989.
- Dunbar-Ortiz, Roxanne. [An Indigenous Peoples' History of the United States](#). Beacon Press, 2015.
- Ortiz, Paul. [An African-American and Latinx History of the United States](#). Beacon Press, 2018.

TV Shows

- McQueen, Steve. [Small Axe](#). Season 1, "All Episodes." Aired 2020 on Amazon Prime.

Transportation

Books

- Bay, Maya. [Traveling Black: A Story of Race and Resistance](#). Belknap Press, 2021.

Articles

- Gidigbi, Stephanie. [How Planes, Trains and Automobiles Worsened America's Racial Divide](#). Politico, June 2020.
- Sayej, Nadja. ['Forgotten by Society'- How Chinese Migrants Built the Transcontinental Railroad](#). The Guardian, July 2019.

Documentaries

- Burns Ric. [Driving While Black: Race, Space and Mobility in America](#). PBS, 2021.

Podcast Episode

- Lewis, Sukey. [On Our Watch](#). Episode "Litigation Reveals New Details in Police Shooting of Oscar Grant." NPR, 2021.

Interactive Experiences

- [Slave Voyages](#).

Books to Read

Books

- Angelou, Maya. [I Know Why The Caged Bird Sings](#). New York: Random House, 1969.
- Arnold, Jenna. [Raising Our Hands](#). BenBella Books, 2020.
- Baldwin, James. [The Fire Next Time](#). Vintage, 1992.
- Boggs, Grace Lee. [The Next American Revolution: Activism For the 21st Century](#). University of California Press, 2012.

- Cooper, Dr. Brittney. [*Eloquent Rage: A Black Feminist Discovers Her Superpower*](#). Picador USA, 2019.
- Cullors, Patrisse. [*An Abolitionist's Handbook: 12 Steps to Changing Yourself and the World*](#). St. Martin's Press, 2022.
- Hurston, Zora Neale. [*Their Eyes Were Watching God*](#). J.B. Lippincott, 1937.
- Katznelson, Ira. [*When Affirmative Action Was White*](#). W.W. Norton & Company, 2006.
- Laymon, Kiese. [*Heavy: An American Memoir*](#). Scribner Publishing Company, 2019.
- Mock, Janet. [*Redefining Realness*](#). Atria Books, 2014.
- Moraga, Cherríe. [*This Bridge Called My Back: Writings by Radical Women of Color*](#). Persephone Press, 1981.
- Morrison, Toni. [*The Bluest Eye*](#). Vintage, 2007.
- Ritchie, Andrea J. [*Invisible No More: Police Violence Against Black Women and Women of Color*](#). Beacon Press, 2017.
- Saad, Layla F. [*Me and White Supremacy*](#). Source Books, 2020.
- West, Cornel. [*Race Matters*](#). Beacon Press, 1993.
- Wilkerson, Isabel. [*The Warmth of Other Suns*](#). Vintage, 2011.

Articles

Articles

- Coaston, Jane. [*The Intersectionality Wars*](#). Vox, 2019.
- Kendi, Ibram X. [*Who Gets to Be Afraid in America?*](#) The Atlantic, May 2020.
- Martin, Courtney. [*Where Do I Donate? Why is the Uprising Violent? Should I Go Protest?*](#) The Bold Italic, June 2020.
- Serwer, Adam. [*America's Racial Contract Is Killing Us*](#). The Atlantic, May 2020.
- Vargas, Jose Antonio. [*My Life as an Undocumented Immigrant*](#). The New York Times Magazine, June 2011.

Podcasts

Podcasts

- Crenshaw, Kimberlé. [*Intersectionality Matters! With Kimberlé Crenshaw*](#). AAPF, 2019.
- Demby, Gene. [*Code Switch*](#). NPR, 2016.
- Drew, Chevon & Elyass, Hiba. [*Momentum: A Race Forward Podcast*](#). Race Forward, 2019.
- McKesson, DeRay. [*Pod Save the People*](#). Crooked Media. 2017.

Additional Resources

Documentaries

- Ross, RaMell. [*Hale County This Morning, This Evening*](#). Louverture Films, 2018.
- Peck, Raoul. [*I Am Not Your Negro*](#). Magnolia Pictures, 2016.